

Required Minimum Distribution (RMD) Request Form

Nationwide Life Insurance Company Nationwide Life and Annuity Insurance Company

Skip the paperwork: Complete this form electronically at nationwide.com for quicker handling **Questions:** For questions about this form call 800-848-6331 or consult with your tax advisor **Satisfying your RMD:**

- If the contract owner's date of birth is before July 1, 1949, then the RMD begins at age 70 %
- If the contract owner's date of birth is on or after July 1, 1949, then the RMD begins at age 72

1. Enter Contract Ow	ner Information				
First Name:	Last Nan	ne:	Contract Number:		
Address:					
City:			State:	ZIP:	
Phone:	Email:				
Nationwide strives to provide Nationwide Family of Compa					
2. Enter Distribution	Information				
IMPORTANT: If you don't option and base it on the default to the current business.	Uniform Lifetime Table r				
Select ONE Scheduled RM	ID Option below				
☐ Recurring Option (calcu	ılated by Nationwide) En	ter start date and freq	uency below:		
IMPORTANT: Electi	ng this option will termin	ate any existing Schec	luled Withdrav	vals, including RMDs.	
Start Date (MM/DD	/YYYY):				
Select a withdrawa	I frequency (if left blank,	we'll choose Annually):		
☐ Annually ☐ Se	mi-annually 🗌 Quarterly	y 🗌 Monthly			
\square One Time Option (new	request form required an	ınually) Enter withdrav	val date and ch	noose option below:	
Withdrawal Date (N	MM/DD):				
☐ One time current	year only (calculated by	v Nationwide)			
☐ Current year spe	cific amount \$				
☐ Past year specific	c amount \$	for RMD year:			
RMD Spousal Beneficiary My spouse is my beneficiary and Last Survivor Expenses					
Prior Year Account Balanc	:e				
Required for Nationwide to another provider. The 12/3					ls from
403(b) balance as of 12/31	/1986 \$	(if applicable)			
3. Enter Tax Withhole	dings				
Nationwide will withhold a federal and state tax withh			e tax, unless d	esignated differently	below. Total
Federal Tax Withholding	% or \$				
State Tax Withholding	% or \$				

• To avoid mandatory state withholding, for those states that require it, you **MUST** provide a completed state tax form (located on the State's website). Nationwide doesn't provide these forms

Direct Deposit You are authorizing a one-time or recurring Automated (account provided on this form.	Clearing House (ACH) credit (direct deposit) to the bank			
Select an account type ¹ :					
☐ An Account on File Verify account information belo	OW				
☐ New Checking Account ² Provide account informati	on below				
☐ New Savings Account ² Provide account informatio	n below				
Bank Account Holder Name (must be Contract Owner):					
Financial Institution Name:					
Transit/ABA Routing Number:	Account Number:				
¹ If there is no account on file, or you don't provide accou	is no account on file, or you don't provide account information, we'll mail a check to the address on file.				
² New account information will replace account informat scheduled withdrawals. Call 800-848-6331 to make other		his will affect any other existing			
\square Mail Check to Address on File					
☐ Send to my Custodial Account (My contract has a custod	ial firm as owner; Nationwide	will issue funds per agreement)			
\square Send to a Company/Organization/Charity For Benefit of	(FBO) - Provide information	below			
Check payable to/Name:					
Address:					
City:	State:	Zip:			
5. Sign and Date (required)					
I have read the Important Details and Disclosures beginning	on Page 3.				
The Internal Revenue Service does not require your consent required to avoid backup withholding.	to any provision of this docum	nent other than the certifications			
Contract Owner/Custodian:					
Name (please print):	SSN/EIN (requ	SSN/EIN (required)			
Signature:	Date:				
Spousal Consent (if applicable; see the Community Property I have read and understand the community property discleto me and I consent to the distribution requested and waiv applicable community property laws.	osure found on this form. I ag	gree that this disclosure applies			
Signature:	Date:				
6. Certify Taxpayer ID					
I certify that under penalties of perjury that:					
The Taxpayer Identification Number or Social Security Number (or I am waiting for a number to be issued to recommendate to be a subject to be always withholding because).		y correct taxpayer identification			
2. I am not subject to backup withholding because:					

- a. I am exempt from backup withholding, or
- b. I have not been notified that I am subject to backup withholding as a result of a failure to report all interest or dividends, or
- c. The Internal Revenue Service has notified me that I am no longer subject to backup withholding, and
- 3. I am a U.S. citizen or other U.S. person, and

4. Select a Payment Method

4. The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct. (FATCA does not apply as this is a U.S. account)

You must cross out item (2) if you have been notified by the IRS that you are currently subject to backup withholding because of failure to report interest or dividends on your tax return.



Required Minimum Distribution (RMD) Request Form Important Details and Disclosures

PLEASE RETAIN THIS PORTION OF THE FORM FOR YOUR RECORDS.

Submit to Nationwide



Upload Online: Log in to nationwide.com and select the "Forms" option to submit this request online.

Don't have an Online account? Follow these steps:

1) Visit nationwide.com 2) Click "Log in" 3) Click "Annuity" in the drop down 4) Click "Sign up"



Submit by regular mail:

Nationwide Life Insurance Company PO Box 182021 Columbus, OH 43218-2021 Submit by overnight mail:

Nationwide Life Insurance Company 3400 Southpark PI Ste A Grove City, OH 43123-4856



For More Information: Call 800-848-6331

General Information

• Form Status: If any information on this form is unclear or incomplete, we'll correspond directly with the contract owner.

Section 2: Distribution Information

- First RMD: If this is your first required RMD year, you can defer it to April 1 of the following year. But you must take two RMDs in that year. Both RMDs will be taxable in the year they are taken.
- Start Date: We'll process withdrawals received on a non-business day on the next business day; please allow additional time for processing and delivery.
- Specific amount: This is always the amount before withholding tax or other charges are deducted, if applicable.
- Charges: A Contingent Deferred Sales Charge/Surrender Charge may be deducted for withdrawals in excess of the contract free withdrawal amount.
- RMD Spousal Beneficiary Election: I understand if I elect this option and my spouse passes away, I must notify Nationwide immediately so they can recalculate my RMD based solely on my age. This will not change the beneficiary on the account.

Section 3: Tax Withholding

- Tax liability: You are liable for all federal and state income tax withholdings on the taxable portion of the withdrawal. You may also be subject to tax penalties under the estimated tax payment rules if your estimated tax withholding payments are not enough.
- State tax: If the state income tax requested is less than what is required by the state, Nationwide will attempt to accommodate any request in accordance with required state specific regulations.

Section 4: Direct Deposit (ACH)

- Date of Deposit: The deposit(s) to your checking or savings account will normally occur up to four (4) business days after the date of the withdrawal from the annuity contract.
- Account Verification: In processing your one-time or recurring ACH credit transaction, Nationwide uses consumer
 information to verify ownership of the receiving bank account to reduce the possibility of fraud. If there is an inconsistency
 in the information you have provided to us and the authorized bank account holder's information, or if you fail to provide
 adequate account information, a paper check will be mailed to the address of record.
- Owner Authorization: By signing this form, you authorize Nationwide Life Insurance Company and/or Nationwide Life and Annuity Insurance Company to electronically credit (deposit) and/or correct by electronic debit (withdrawal) any refund or payment due to you to the bank account listed on this form as allowed by U.S. law. You also authorize your bank to credit or debit your account accordingly.
- Joint Account Owners: If this bank account is a joint account, authorization by one bank account owner constitutes authorization by all bank account owners whether a current owner of this account or added after this authorization is signed..

• Stopping Electronic Deposits: Your authorization allows us to make one or more deposits (and/or corrections by electronic debit) to this account, unless you tell us you want to stop. To withdraw your authorization, you must notify us by calling 800-848-6331. Please provide notification to us at least 10 days in advance of when our authorization should end. Doing so allows us and your bank to take action. NOTE TO Owner: If you withdraw your authorization, Nationwide will cease making payments to your bank account. Your payments will continue, but instead of direct deposit, a check will be mailed to your address of record.

Community Spousal Property Consent

For Residents of Arizona, California, Idaho, Louisiana, Nevada, New Mexico, Puerto Rico, Texas, Washington and Wisconsin:

- Community Property States: If you live in one of the community property states listed above, your spouse may have rights to the benefits of this Contract under state law.
- Tax Consultation: If you are unsure of whether these laws apply to you, consult with your legal or tax advisor to determine whether a spousal signature is required on this form. Nationwide Life Insurance Company and/or Nationwide Life and Annuity Insurance Company disclaim any responsibility for determining the applicability of community property laws or the validity of the requested distribution.
- Spouse Definition: Use of the term "spouse" on this form refers to the person to whom the owner is legally married.